

Race Analysis

London 2016

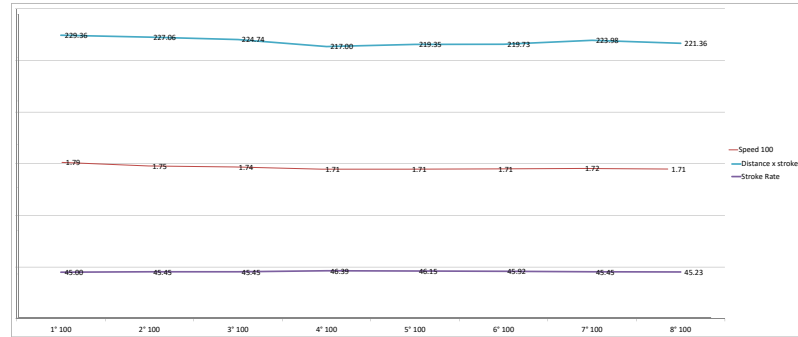


Name	Result	Average Speed	50	100	150	200	250	300	350	400	450	500	550	600	650	700	750	800	
<b>Paltiniieri</b>	<b>07:42.33</b>	<b>0.87</b>	Split Time																
			00:27.18	00:55.88	01:24.48	01:53.06	02:21.82	02:50.63	03:19.80	03:49.06	04:18.30	04:47.49	05:16.58	05:45.81	06:14.92	06:43.95	07:13.09	07:42.33	
			Lap Time 50																
			1'50	2'50	3'50	4'50	5'50	6'50	7'50	8'50	9'50	10'50	11'50	12'50	13'50	14'50	15'50	16'50	
			Speed 50																
			1.84	1.74	1.75	1.75	1.74	1.74	1.71	1.71	1.71	1.71	1.72	1.71	1.72	1.72	1.72	1.72	
			Lap Time 100																
			00:55.88	00:57.18	00:57.57	00:58.43	00:58.43	00:58.32	00:58.14	00:58.38	00:58.38	00:58.38	00:58.38	00:58.38	00:58.38	00:58.38	00:58.38	00:58.38	00:58.38
			Speed 100																
			1.79	1.75	1.74	1.74	1.74	1.71	1.71	1.71	1.71	1.72	1.71	1.72	1.72	1.72	1.72	1.72	
			Contribution of non swimming areas																
			3.88%	1.64%	1.98%	1.96%	1.41%	1.93%	1.35%	1.59%									



Turn	1' 100	Turn	2' 100	Turn	3' 100	Turn	4' 100	Turn	5' 100	Turn	6' 100	Turn	7' 100	Turn	8' 100										
Lap Time	0:15	15:45	45:50	45:45	60:95	95:100	95:115	115:145	145:150	145:165	165:195	195:200	195:215	215:245	245:250	245:265	265:295	295:300	295:315	315:345	345:350	345:365	365:395	395:400	395:415
Speed	00:06.96	00:17.12	00:03.10	00:11.08	00:17.44	00:03.28	00:11.14	00:17.46	00:03.28	00:11.12	00:17.44	00:03.30	00:11.30	00:17.62	00:03.14	00:11.02	00:17.62	00:03.31	00:11.40	00:17.90	00:03.18	00:11.26	00:17.88	00:03.30	00:11.38
Stroke Rate	2.16	1.75	1.81	1.72	1.80	1.72	1.80	1.72	1.80	1.72	1.77	1.70	1.77	1.70	1.81	1.70	1.77	1.75	1.68	1.78	1.68	1.78	1.68	1.78	1.76
Distance x stroke			45.00	46.45	45.00	46.45	45.00	46.45	45.00	46.45	45.00	46.45	45.00	46.45	45.00	46.45	45.00	46.45	45.00	46.45	45.00	46.45	45.00	46.45	45.00
			229.36	227.06	224.74	227.06	229.36	227.06	229.36	227.06	229.36	227.06	229.36	227.06	229.36	227.06	229.36	227.06	229.36	227.06	229.36	227.06	229.36	227.06	229.36
Lap Time	4:15:44	4:45:40	4:45:45	4:45:45	4:55:00	4:55:15	5:15:45	5:45:50	5:45:55	5:55:55	5:55:55	5:55:55	5:55:55	5:55:55	5:55:55	5:55:55	5:55:55	5:55:55	5:55:55	5:55:55	5:55:55	5:55:55	5:55:55	5:55:55	5:55:55
Speed	00:17.90	00:03.28	00:11.32	00:17.78	00:03.35	00:11.48	00:17.78	00:03.18	00:11.24	00:17.84	00:03.33	00:11.48	00:17.76	00:03.20	00:11.20	00:17.68	00:03.35	00:11.58	00:17.70	00:03.21	00:11.44	00:17.98	00:03.03	00:11.38	00:03.03
Stroke Rate	1.68	1.77	1.69	1.74	1.69	1.78	1.68	1.78	1.68	1.78	1.69	1.74	1.69	1.70	1.70	1.73	1.69	1.73	1.69	1.75	1.67	1.67	1.67	1.67	1.67
Distance x stroke			46.15	46.92	46.15	46.92	46.15	46.92	46.15	46.92	46.15	46.92	46.15	46.92	46.15	46.92	46.15	46.92	46.15	46.92	46.15	46.92	46.15	46.92	46.15
			219.35	219.73	219.35	219.73	219.35	219.73	219.35	219.73	219.35	219.73	219.35	219.73	219.35	219.73	219.35	219.73	219.35	219.73	219.35	219.73	219.35	219.73	219.35
			1' 200	3' 200	5' 200	7' 200	9' 200	11' 200	13' 200	15' 200	17' 200	19' 200	21' 200	23' 200	25' 200	27' 200	29' 200	31' 200	33' 200	35' 200	37' 200	39' 200	41' 200	43' 200	45' 200
			01:53.06	01:56.00	01:56.75	01:56.52	01:56.52	01:56.52	01:56.52	01:56.52	01:56.52	01:56.52	01:56.52	01:56.52	01:56.52	01:56.52	01:56.52	01:56.52	01:56.52	01:56.52	01:56.52	01:56.52	01:56.52	01:56.52	01:56.52

Comparison Distance per stroke - Stroke Rate - Speed



Speed evolution

